



Welcome  
Families  
to  
Freshman  
Orientation

**Class of  
2027!**

# Panelist Introductions

# School Counselors

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## STUDENT/COUNSELOR ASSIGNMENT

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2023-2024

COUNSELOR	GRADE 9	GRADE 10	GRADE 11	GRADE 12
MR. MCDONALD	A-Chi	A-Cas	A-Cass	A-Con
MS. IANNOPOLLO	Chr-Gig	Cat-Fo	Cast-Gold	Coo-Gon
MS. LARABY	Gil-Mat	Fr-Lo	Gon-Kir	Gra-La
MR. PALMER	May-Pal	Lu-Pac	Kor-Pan	Le-Ph
MS. RAYMO	Par-Sm	Pag-Sch	Pap-She	Pi-St
MS. BUSH	Sn-Z	Sco-Z	Sil-Z	Su-Z

# How to contact your child's Assistant Principal

**Mr. Mark Foster (Gr 10, Gr 11 A-K)**

**Email:** [Mark\\_Foster@westiron.monroe.edu](mailto:Mark_Foster@westiron.monroe.edu)

**Office phone:** 336-2912

**Ms. Casey Nelan (Gr 9 & 11 L-Z)**

**Students in the:  
15:1:1 program**

**Email:**

[Casey\\_Nelan@westiron.monroe.edu](mailto:Casey_Nelan@westiron.monroe.edu)

**Office phone:** 336-2915

**Cell phone:** 217-7999

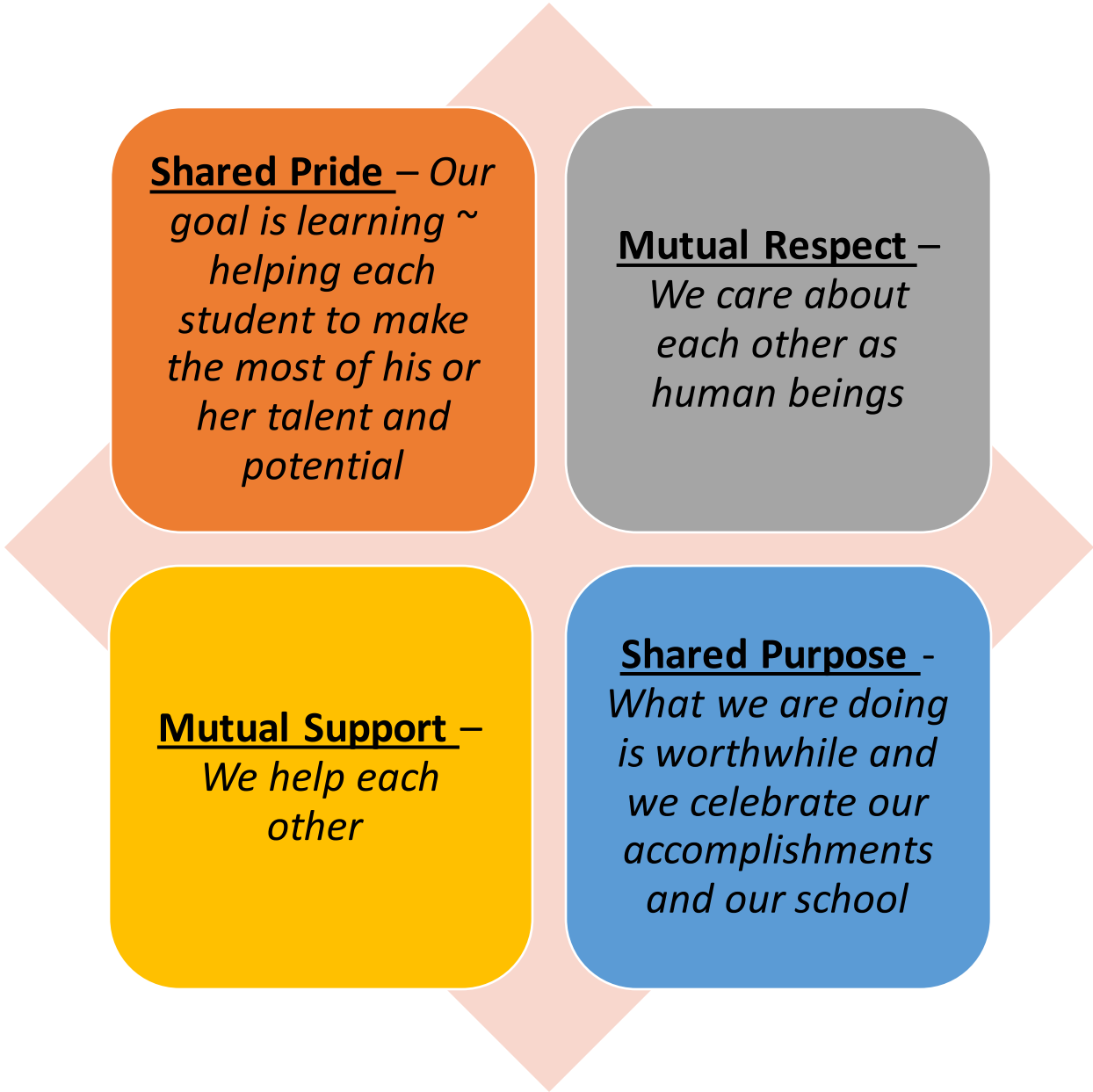
**Mrs. Barbara Battin (Gr 12)**

**Students in the:  
12:1:4 Program  
8:1:1 Program**

**Email:** [Barbara\\_Battin@westiron.monroe.edu](mailto:Barbara_Battin@westiron.monroe.edu)

**Office phone:** 336-3037

# IHS Community Values



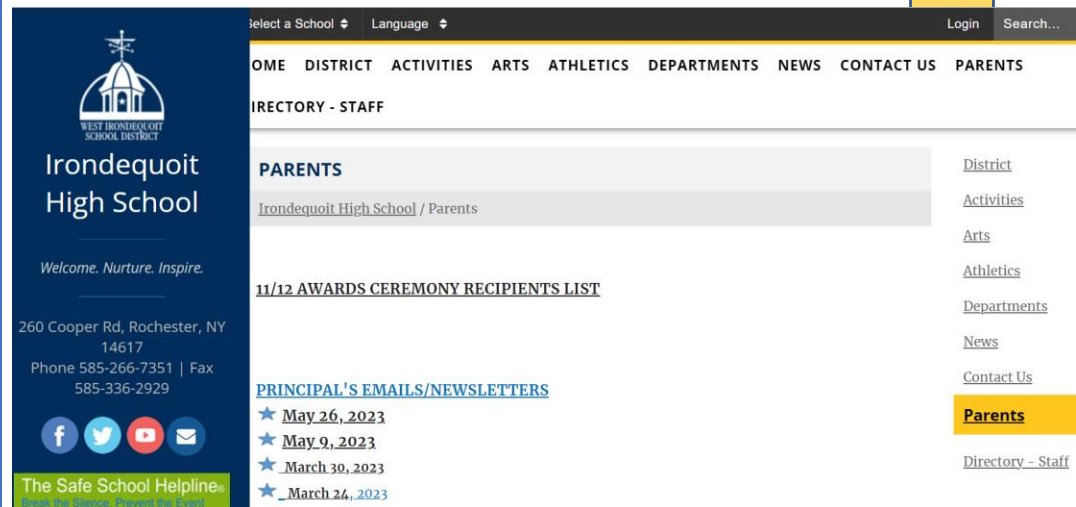
**Shared Pride** – *Our goal is learning ~ helping each student to make the most of his or her talent and potential*

**Mutual Respect** – *We care about each other as human beings*

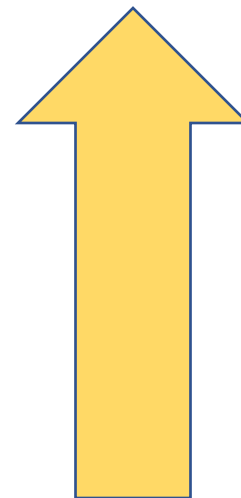
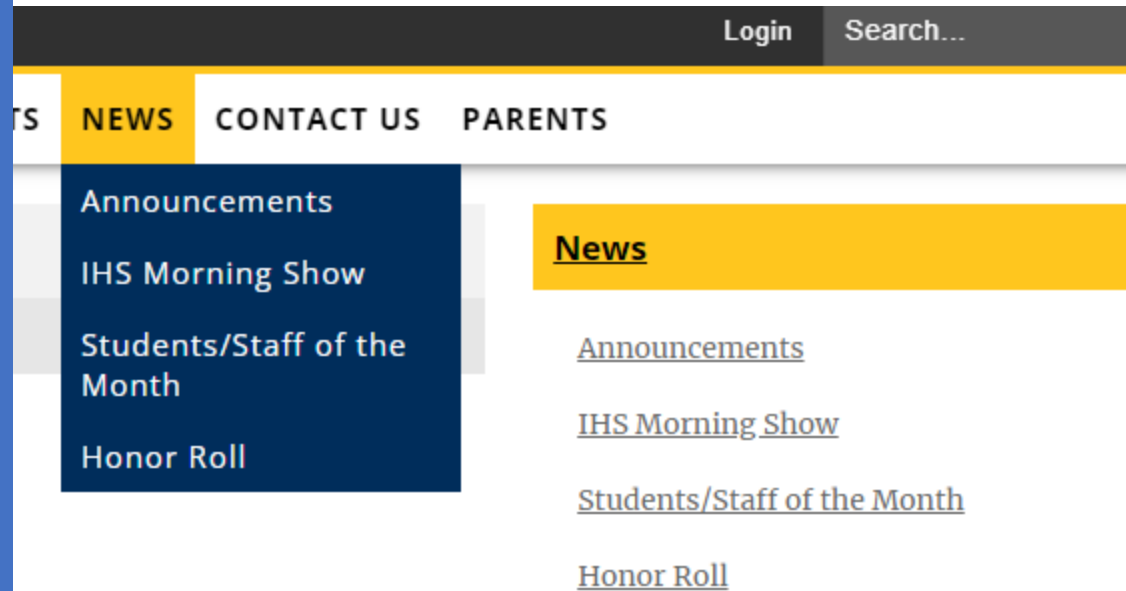
**Mutual Support** – *We help each other*

**Shared Purpose** - *What we are doing is worthwhile and we celebrate our accomplishments and our school*

Use the website for information about from tech support to supply lists and help with Infinite Campus/Parent Portal



You can also follow IHS announcements under “News” and then “Morning Show” tab. Stay in tune with Honor Roll as well as Staff and Students of the Month





With My School Bucks you can pay for:

- Food
- AP Exams

The screenshot shows the website for the West Irondequoit School District. The left sidebar is dark blue and contains the district's logo, the name "Irondequoit High School", the motto "Welcome. Nurture. Inspire.", contact information (260 Cooper Rd, Rochester, NY 14617; Phone 585-266-7351 | Fax 585-336-2929), social media icons for Facebook, Twitter, YouTube, and Email, and a green box for "The Safe School Helpline®" with the tagline "Break the Silence. Prevent the Event.".

The main content area has a dark header with "Select a School" and "Language" dropdowns. Below the header is a navigation bar with links: HOME, DISTRICT, ACTIVITIES, ARTS, ATHLETICS, DEPARTMENTS, and NEWS. A large banner image shows a brick school building. Below the banner is a "QUICK LINKS" section with a list of buttons: TECHNOLOGY SUPPORT, CALENDARS, CODE OF CONDUCT, COURSE CATALOG, IASA, FOOD SERVICES, FORMS, HANDBOOK, and INFINITE CAMPUS.

On the right side of the page, there are three promotional boxes: a yellow box for "2021-22 COVID INFORMATION", a blue box for "Summer Reading Lists" featuring an open book and balloons, and a black box for "SCHOOL SUPPLY LIST" featuring various school supplies.

A large yellow arrow points from the "MY SCHOOL BUCKS" logo in the top left of the overall image to the "MY SCHOOL BUCKS" logo on the website's left sidebar.





# West Irondequoit Central School District



[Home](#) [Menus](#) [Pre-Payment Options](#) [Nutrition & Fitness](#) [Nutrition Education](#) [Contact Us](#) [Wellness Policy](#)



Meal  
Applications

Good nutrition and learning go hand in hand.

The Nutrition Services department is made up of a team of food and nutrition professionals that are dedicated to students' health, well being and their ability to learn. We support learning by promoting healthy habits for lifelong nutrition and fitness practices.

Our district is proud to offer an online Pre-Paid Lunch Program. [Click here to learn more!](#)

Meals, snacks and beverages sold or served at schools meet state and

MY  
SCHOOL  
LUCKS





# Irondequoit High School

*Welcome. Nurture. Inspire.*

260 Cooper Rd, Rochester, NY 14617  
Phone 585-266-7351 | Fax 585-336-2929



**The Safe School Helpline®**  
Break the Silence. Prevent the Event

Select a School ▾ Language ▾

HOME DISTRICT ACTIVITIES ARTS ATHLETICS



## QUICK LINKS

TECHNOLOGY SUPPORT

CALENDARS

CODE OF CONDUCT

COURSE CATALOG

**2021-  
INFO**



## Help us maintain a safe school environment by...

### Reminding your child-

To carry their school ID with them at all times

To follow directions for fire and emergency drills

Reports all suspicious or unsafe activity to a staff member

Refrains from opening external doors for anyone

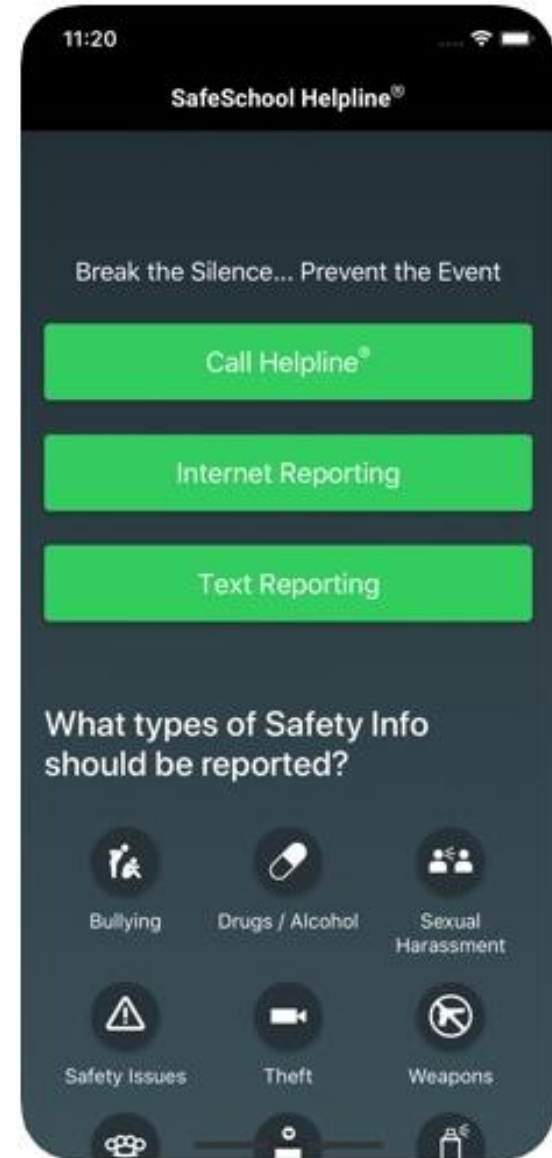
### Please

Monitor your child's internet and social media usage

Call attendance (336-2919) when your child is absent, has an appointment, or is arriving late to school

Report concerns about safety to the **Safe School Helpline** : 1-800-418-6423 or text TIPS to 66746

You can also download the Safe School Helpline App



# Technology Safety Tips

*THINK* Is it...

*True, Helpful, Inspiring, Necessary and Kind?*

- Be aware of what your child is searching
- Talk openly with your child about their online activity.
- Discuss safe versus unsafe practices with boundaries.
- Outline what makes content appropriate versus inappropriate and safe.
- Know who your child's online friends are
- Encourage a "share aware" mindset to protect your privacy.
- Encourage your child to say something to you or a school official if they see something that is unsafe
- *Think critically about what you view online*



# Technology Tools:



- ☐ Our Safe School helpline, we build community by caring for one another.

<https://www.safeschoolhelpline.com/O>

- ☐ If you or your child needs Tech help:

<http://wicsd.tech>

Or email our Helpdesk:  
helpdesk@westiron.monroe.edu.

- ☐ My School bucks (lunch money, laptop insurance)

<https://www.myschoolbucks.com/ver2/getmain?requestAction=home>

# Technology Learning Tools



## **Infinite Campus** – Student Management System

- Grades, Attendance, Assignments.



## **Microsoft O365** – Productivity Suite

- Word, Excel, PowerPoint, OneNote, Outlook, etc.



## **Schoolology** – Learning Management System

- Content, Lessons, Assignment Submission
- Parent access available
- Communication



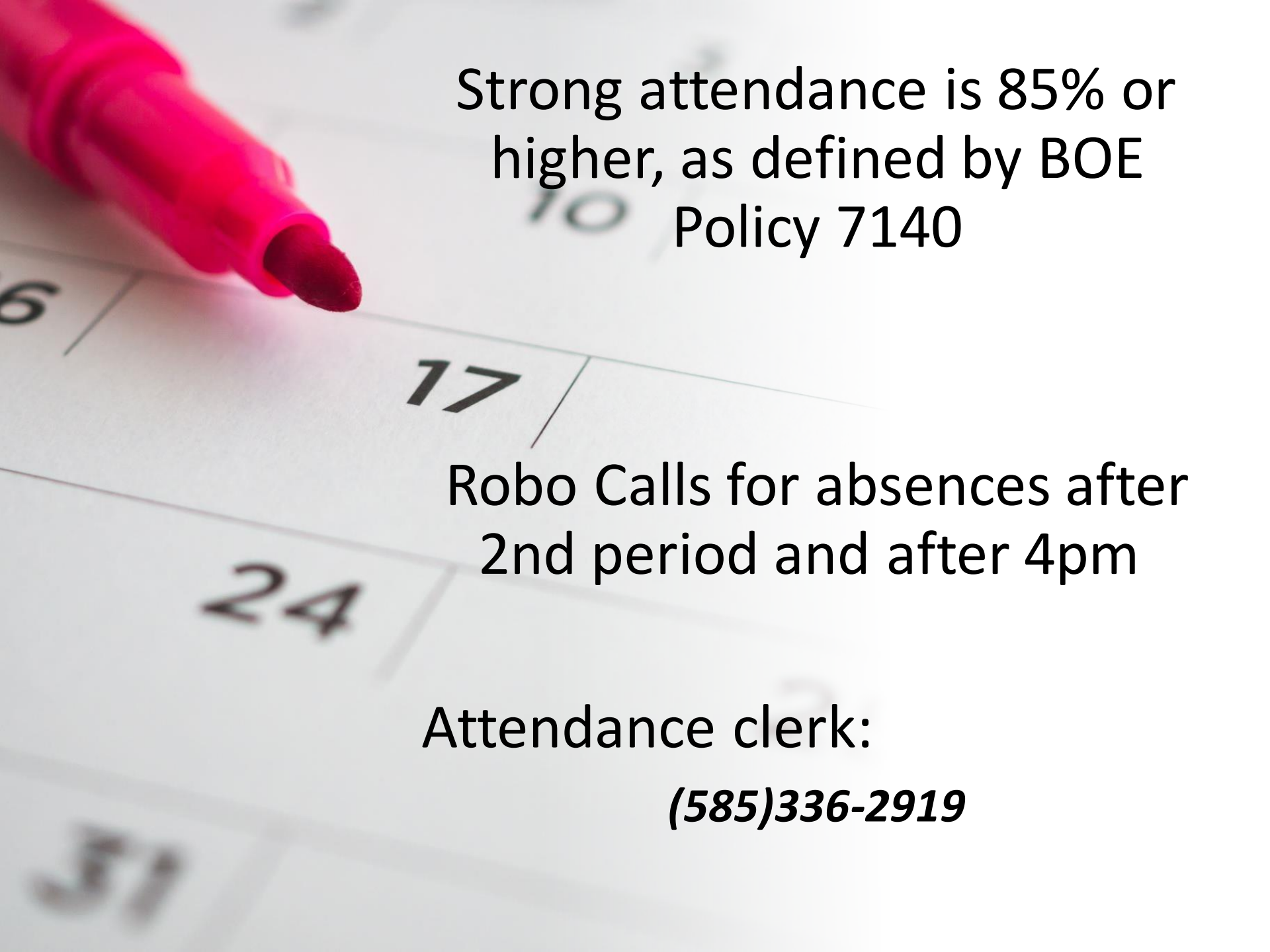
## **Remind** – Communication platform focused on text messaging experience

# Freshman Year Counts- Every Day, Every Class

Join us in encouraging your child to...

- ✓ challenge themselves
- ✓ get involved: Clubs, Sports, Arts, Music, Drama
- ✓ ask for help!
- ✓ be an active listener- write down important information
- ✓ be responsible- ask for work missed following an absence
- ✓ use their planner- organize their assignments and time
- ✓ Model our community values





Strong attendance is 85% or  
higher, as defined by BOE  
Policy 7140

Robo Calls for absences after  
2nd period and after 4pm

Attendance clerk:

***(585)336-2919***



# DAKE AND IHS BELL SCHEDULE

Period	Time
Period 1 (Passing time)	8:00 – 8:47 8:47-8:51
Period 2 (Passing time)	8:51 – 9:33 9:33-9:37
Period 3 (Passing time)	9:37 – 10:19 10:19-10:23
Period 4 (Passing time)	10:23 – 11:05 11:05-11:09
Period 5 (Passing time)	11:09 – 11:51 11:51-11:55
Period 6 (Passing time)	11:55 – 12:37 12:37-12:41
Period 7 (Passing time)	12:41 – 1:23 1:23-1:27
Period 8 (Passing time)	1:27 – 2:09 2:09-2:13
Period 9	2:13 – 2:55

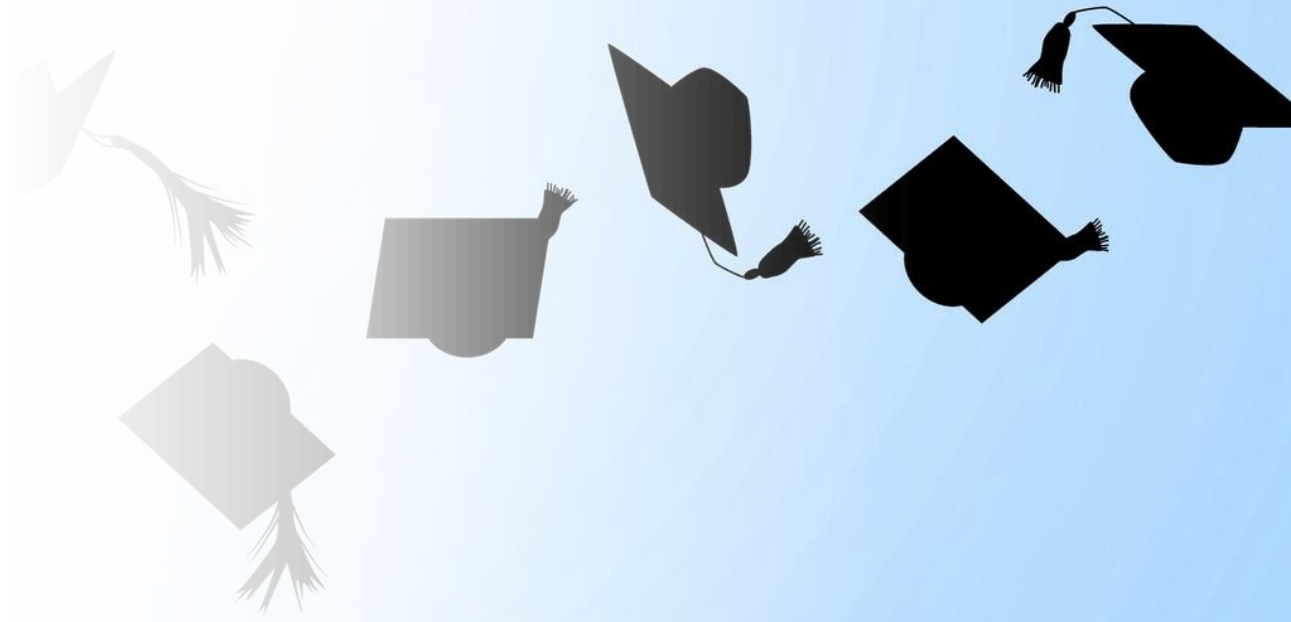
Restorative practices aim to develop community and to manage conflict and tensions by repairing harm and building relationships.





## Building Community

Relationships are IMPORTANT  
to all of us!



Graduation  
is only **FOUR**  
**YEARS** away

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# Graduation Requirements

## Regents Diploma \*\*\*\*

REQUIRED COURSES	
English	4
Social Studies	4
Math	3*
Science	3*
World Language	1**
Art/Music	1
Health	.5
Electives	3.5
Physical Education	2.0
Total 22 credits	

## Regents Diploma with Advanced Designation

REQUIRED COURSES	
English	4
Social Studies	4
Math	3*
Science	3*
World Language	3***
Art/Music	1
Health	.5
Electives	1.5
Physical Education	2.0
Total 22 credits	

## REQUIRED REGENTS EXAMS

(passing score of 65 and above)

English Language Arts
Algebra 1 or another Math exam
Global History
U.S. History
One Science Regents Exam

## REQUIRED REGENTS EXAMS

(passing score of 65 and above)

English Language Arts
Algebra 1, Geometry and Algebra 2
Global History
U.S. History
Two Science Regents Exams
World Language *** ^



# It's all about balance...

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- We are a comprehensive high school and have many courses for your student to experience!
- There's something for everyone including art, technology, business, and much more – our course catalog is available online.
- We encourage students to challenge themselves with an Advanced or AP/college level course before graduation.



# Post High School Planning

Counselors work with students 1:1 each year to discuss and plan for their individual post secondary plans. This may include:

- 2 or 4 year college
- Military
- Vocation training/school
- Direct entrance to employment or the workforce

Post High School Planning Workshop

- November 8

College and Career Resource Center



# NCAA Athletics

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- Student athletes are required to meet academic eligibility to compete at Division I and Division II athletics
  - Eligibility is determined through a student's high school course work and GPA
  - If your student is considering pursuing this level of collegiate athletics, please reach out to their school counselor to discuss their progress toward eligibility
  - For more detailed information please visit [www.ncaa.org/student-athletes/future](http://www.ncaa.org/student-athletes/future)





# Questions/Resources

If you ever have a question or concern please do not hesitate to contact your students school counselor!

- If you have questions regarding your students progress in a specific course, please contact the teacher directly
- Additional Resources:
  - Monthly Newsletter
  - Schoology
  - Infinite Campus Parent Portal
  - School Website



# The New York State Seal of Biliteracy (NYSSB)

- Awarded to high school graduates who have attained a high level of proficiency in English and 1 or more languages
- Prepares graduates with biliteracy skills for employers, universities and life
- Affirms the value of diversity in a multilingual society

Awards/Seals that  
distinguish  
your diploma





## SEAL OF CIVIC READINESS EXPECTATIONS



The Seal of Civic Readiness is a formal recognition that a student has attained a high level of proficiency in terms of civic knowledge, civic skills, civic mindset, and civic experiences. The Seal of Civic Readiness distinction on a high school transcript and diploma:

- shows the student's understanding of a commitment to participatory government; civic responsibility and civic values;
- demonstrates to universities, colleges, and future employers that the student has completed an action project in civics or social justice; and
- recognizes the value of civic engagement and scholarship.



# Athletics and Clubs @ IHS

We have a comprehensive list of ways to be involved at IHS

Encourage your child to connect to a sport, music, art, business, technology or any of the additional clubs offered



A large orange circle is positioned on the left side of the slide, partially cut off by the edge.

# Co- Curricular Expectations

- Student Success
  - Academic
  - Behavior
  - Attendance



# Substance Use/Abuse

## How can parents help?

- Monitor your child's behaviors, disposition, and activities closely.
  - Some teens use vapes or other substances to cope with emotional or mental health needs.
  - If you notice any significant changes in your child's behavior or disposition, talk to your child openly about what's going on.
  - Contact your child's school counselor for added supports that the school can offer.
- Talk with your child about the dangers of vaping and general substance use.
  - Many teens don't see vaping as problematic, addictive, or dangerous
  - Vaping can not only be addictive, it can also be life-threatening if injected (with or without consumer knowledge) with other substances.
- Need help?
  - Reach out to Nicole Corcimiglia, WICSD Substance Abuse Prevention Specialist at 585-336-2921 or email at [nicole\\_corcimiglia@westiron.monroe.edu](mailto:nicole_corcimiglia@westiron.monroe.edu) for support
  - Reach out to your School Counselor , Social Worker or Assistant Principal

# Mental Health Supports

## How can parents help?

- Monitor your child's behaviors, disposition, and activities closely.
  - If you notice any significant changes in your child's behavior or disposition, talk to your child openly about what's going on.
  - Contact your child's school counselor for added supports that the school can offer.
- Need help?
  - Reach out to your School Counselor, Social Worker or Assistant Principal
  - 211 - 24/7 Crisis Hotline & Mobile Crisis
  - 988- NEW county resource



THANK YOU!

We are looking forward  
to partnering with you.

If you have any  
questions, please see  
one of us. We are here  
to help!